

IS IT A COLD OR THE FLU?

If you think you have Influenza,
treatment is available.
Call your healthcare provider.

COMMON SYMPTOMS	COLD	FLU
Fatigue	No	Yes
Fever	No	100° - 104° F
Muscle Ache	No	Yes
Joint Pain	No	Yes
Loss of Appetite	No	Yes
Headache	No	Yes
Cough	Yes	Yes
Sore Throat	Yes	Yes
Stuffy Nose	Yes	No
Diarrhea/ Vomiting	No	Possible

References: 1. Dolin R. In: *Harrison's Principles of Internal Medicine*. 1994:814-819. 2. Betts RF. In: *Principles and Practice of Infectious Diseases*. 1995:1546-1563. 3. Gwaltney JM Jr. *Principles and Practice of Infectious Diseases*. 1995:561-566. Visit www.cdc.gov/germstopper/index.htm for more information!

DAVE AND JON TRAPP

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